

Drumlins is going Smoke Free.

We're clearing the air! Drumlins is pleased to announce that as of July 2017, we have gone completely smoke and tobacco free (in all inside and outside spaces)-a welcome change that ensures Drumlins offers a healthy and respectful environment for all our guests and staff. Drumlins's new policy is in keeping with the smoke- and tobacco-free policy of Syracuse University that was adopted in July 2015, and it covers all tobacco products: cigarettes, cigars, snuff, pipes, chewing tobacco and products that imitate the act of smoking, such as vapor cigarettes. This decision was made after a great deal of discussion with the University community. We are providing this information now-well in advance of the policy's implementation-to ensure that all who enjoy and work at our facilities have ample notice about this impending change. If you have questions about this policy, please contact Drumlins Management Office: 315-446-4555. For more information, you can also visit wellness.syr.edu/tobacco-free.



Drumlins Swim Club Email - July 28, 2017

Membership

Danielle LaRose

Greetings Drumlins Swim Club Members,

The Swim Team had another fun evening last night competing against Cazenovia. It's exciting to see our children staying active, learning a life-skill and developing friendships which often last well beyond their summer days at Drumlins pool! Please join us for our last regular meet of the season on Tuesday, August 1st when we compete against Onondaga Country Club. Don't forget, the SASL Interclub Championship takes place on Saturday, August 5th at Cavalry Club.

We are completing week 1 of Session 4 lessons today. Congratulations to all our swim students this year. Each and every one of you have excelled in the water and it's nice to see those who are more advanced encouraging and supporting those who are just beginning to learn!

Please enjoy another wonderful week at the pool!


Thank you,
Danielle

BOOKING A POOL / BIRTHDAY PARTY?

Please book your party as soon as you have your day and time chosen to ensure that we can accommodate you. Payment is not due until the day of your party.



HOST YOUR OWN POOL PARTY AT DRUMLINS!



Members,
Reserve a Party at the Pool this Summer!
Party's are 2 hours in duration and cost
\$50 for 15 people (\$5.00 each add'l).

Book your party at the Swim Club Office or Call: 315-446-3183.



SPLISH SPLASH Party Pool Menu...

Option #1:

Hamburgers, Cheeseburgers or Hotdogs
French Fries, Lemonade & Cookies.



Option #2:

Sheet Pizzas with choice of 2 Toppings,
Bagged Chips, Lemonade & Cookies.

Option #3:

Chicken Tenders with Assorted Dipping Sauces,
French Fries, Lemonade & Cookies.



Option #4:

Assorted Deli Wraps, Bagged Chips,
Lemonade & Cookies.

\$10 per person + 8% NYS Sales Tax.
*A Server is available at an add'l cost.

Please contact Swim Club Mgr. Shelly
Hesse for availability and Laura Massa for
Catering 315-446-8511 ext. 323



Or,
feel free to bring
your own party food
& drinks with you!

SCHEDULE YOUR POOL PARTY!!!

Birthday party plans must
be confirmed at least 10 days
prior to the party date.

Please contact our Swim Club
Office to schedule your party!
315-446-3183.



All that swimming making you hungry?

Pascale Italian Bistro offers a full lunch menu for kids & adults during
pool hours as well as the "Poolside" menu below!

To order, please call: 315.446.8511, option 1.

DRUMLINS SWIM CLUB

PASCAL'S POOLSIDE MENU

CHICKEN WINGS
tossed in buffalo, mild/med/hot,
bbq or garlic parmesan
\$11.50

MARGARITA PIZZA
sliced tomatoes, basil, fresh mozzarella
\$11.50

CHICKEN SALAD WRAP
dried cranberries, candied
walnuts & green grapes
choice of fruit salad, tavern chips,
mixed greens, onion rings or french fries
\$11.50

BISTRO STEAK SANDWICH
peppers, onions, mushrooms &
mozzarella cheese
on a garlic ciabatta roll
choice of fruit salad, tavern chips,
mixed greens, onion rings or french fries
\$12

CAESAR SALAD
romaine hearts with trad. caesar dressing,
house-made croutons & shaved parmesan
+ grilled salmon \$6 or chicken \$4
\$8

BISTRO BURGER
grilled angus beef with
lettuce, tomato & onion
+ cheese or bacon \$1.00 ea.
choice of fruit salad, tavern chips,
mixed greens, onion rings or french fries
\$11.50

TURKEY CLUB SANDWICH
roast turkey breast, bacon,
lettuce, tomato & mayo
choice of fruit salad, tavern chips,
mixed greens, onion rings or french fries
\$11

FULL BISTRO MENU ALSO AVAILABLE @ POOL ENTRANCE

TO ORDER, PLEASE CALL: 446-5611, option 1.

KIDS' MENU

\$6.95 ea.

GRILLED CHEESE
with choice of side

CHICKEN TENDERS
with choice of side

MAC & CHEESE

HAMBURGER
+ cheese or bacon \$1
with choice of side

PASTA
with marinara sauce or
butter & parmesan cheese

SIZES: CHOICE OF FRUIT CUP, FRENCH FRIES, ONION RINGS OR CHIPS

TO ORDER, PLEASE CALL: 446-5611, option 1.

[Click Here for a larger view of Pascale's Poolside Menu!](#)

SWIM CLUB GUEST FEES:

WEEKDAYS: \$8.00

WEEKENDS / HOLIDAYS: \$10.00

Any Day After 4pm: \$5.00

SWIM CLUB GUEST PASSES

Swim Club Members may also purchase 6 Pool Guest Passes for \$50.00. Please purchase packages of passes in the Drumblins Management Office, Monday - Friday, 8:30AM - 5:00PM. Please note: There is a purchase limit of ~6~ passes per guest. Please call 315.446.4555 if any questions!

New This Year ...

"Adult Swim Hour"

Current: Monday's / Wednesday's / Friday's: 7:30 AM - 8:30 AM

Beginning 6/26: Monday thru Friday 6:00 AM - 7:00 AM

**The last 15 minutes of every hour is also designated for Adult Swim. Only members over the age of 18 and parents with infants will be allowed in the pool at this time. If there are fewer than 10 swimmers in the pool, adult swim may not be called.*



2017 DRUMLINS SWIM LESSONS:

Drumlins' Swim Club offers Group Swim Lessons to both Swim Club Members and non-members. Swim Club Members receive a reduced rate as well as priority Registration for Group Lessons. Six Lesson Levels are offered following the American Red Cross curriculum; Lessons are organized into four 2-week long sessions.

The Swim Club also offers Private Lessons to Swim Club Members only.

Swim Lessons focus on the following FUNDAMENTALS: SAFETY
WATER SURVIVAL SKILLS
STROKE DEVELOPMENT

2017 DRUMLINS SWIM LESSON: RATES

GROUP LESSONS: *Swim Club Members :* **\$45** (Level I: per 2-week Session)
\$55 (Level II & up: per 2-week Session)
Non-Members : **\$75** (Level I: per 2-week Session)
\$85 (Level II & up: per 2-week Session)

PRIVATE LESSONS: *Swim Club Members (only):* **\$20** (for a 30 min. session)

2017 DRUMLINS SWIM LESSON: SCHEDULE

SESSION	DATES
SESSION 1	June 12 - 23
SESSION 2	June 26 - July 7
SESSION 3	July 10 - 21
SESSION 4	July 24 - August 4

SESSION 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEVEL I	10:30 AM - 11 AM		10:30 AM - 11 AM		10:30 AM - 11 AM
LEVEL II	10 AM - 10:30 AM	10 AM - 10:30 AM	10 AM - 10:30 AM	10 AM - 10:30 AM	10 AM - 10:30 AM
SESSION 2-4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEVEL I	11:30 AM - 12 PM		11:30 AM - 12 PM		11:30 AM - 12 PM
LEVEL II, III	11 AM - 11:30 AM	11 AM - 11:30 AM	11 AM - 11:30 AM	11 AM - 11:30 AM	11 AM - 11:30 AM
LEVEL II, III, IV	10:30 AM - 11 AM	10:30 AM - 11 AM	10:30 AM - 11 AM	10:30 AM - 11 AM	10:30 AM - 11 AM
LEVEL IV, V, VI	10 AM - 10:30 AM	10 AM - 10:30 AM	10 AM - 10:30 AM	10 AM - 10:30 AM	10 AM - 10:30 AM

2017 DRUMLINS SWIM TEAM: PRACTICE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 & UNDER	9:30 AM - 10 AM		9:30 AM - 10 AM		9:30 AM - 10 AM
9 - 10 YRS	8:30 AM - 9:30 AM	7 AM - 8:30 AM	8:30 AM - 9:30 AM	7 AM - 8:30 AM	8:30 AM - 9:30 AM
11 & UP	7 AM - 8:30 AM	8:30 AM - 10 AM	7 AM - 8:30 AM	8:30 AM - 10 AM	7 AM - 8:30 AM

2017 SWIM TEAM: MEET SCHEDULE

TUESDAY	THURSDAY
	CAZENOVIA@ONONDAGA CAVALRY/BEAVER MEADOWS@ BELLEVUE
JULY 11 CAVALRY@ONONDAGA LAKESHORE@DRUMLINS	JULY 13 CAZENOVIA@LAKESHORE ONONDAGA@ BELLEVUE
JULY 18 BELLEVUE@DRUMLINS BEAVER MEADOWS@CAZENOVIA LAKE SHORE@CAVALRY	JULY 20 CAZENOVIA@CAVALRY ONONDAGA@LAKE SHORE DRUMLINS@BEAVER MEADOWS
JULY 25 BEAVER MEADOWS@LAKESHORE DRUMLINS@CAVALRY	JULY 27 CAZENOVIA@DRUMLINS BEAVER MEADOWS@ONONDAGA
AUGUST 1 ONONDAGA@DRUMLINS BELLEVUE@LAKE SHORE	AUGUST 3 CAZENOVIA@BELLEVUE

*SATURDAY, AUGUST 5, 2017 - SASL INTERCLUB CHAMPIONSHIP - CAVALRY CLUB



SUMMER TENNIS FOR KIDS

The Tennis Club is offering Summer Camp sessions for kids ages 5-11.
The next session begins on Monday, July 31st!

All Classes & Camps promote LEARNING & FUN on the Tennis Court!

Please Click on the button below to find out more information and to register.

Kids Summer Tennis Classes

Youth Clinics and Lessons at Drumlins!

Summer 2017

JUNIOR GOLF PROGRAMS

INTRODUCTION TO GOLF
3-DAY JUNIOR GOLF CAMP
LSM GIRLS GOLF ACADEMY

● INTRODUCTION TO GOLF

JUNE 14-15, 5-6PM AGES 4-7
JUNE 14-15, 6-7PM AGES 8-12

LEARN: Fundamentals of the Full Swing, Chipping & Putting & most importantly...Safety & Fun!

COST: \$25.00

● 3-DAY JUNIOR GOLF CAMP

WED., JUNE 28 9AM-12PM
THUR., JUNE 29 9AM-12PM
FRI., JUNE 30. 8:30AM-12:30PM
AGES 5-16 YEARS

LEARN: Grip, Set-up, Posture & Alignment, Etiquette, Sportsmanship & Rules, Fundamentals of Full Swing, Chipping, Pitching, Putting & Safety. Play the Golf Course on Friday!

COST: \$120.00. Includes Friday Pizza Party 11:30AM-12:00PM. Awards from 12:00PM - 12:30PM.

● LSM GIRLS GOLF ACADEMY

TUES., JULY 5 & WED., JULY 6. 9AM-4PM
GIRLS AGES 8-14 YRS.

LEARN: Fundamentals of a Full-Swing, Short Game Fitness, Rules, Etiquette & On-Course Application.

COST: \$195.00. Lunch, Swimming & a Goody Bag are included!

315.446.5580

JUNIOR TENNIS PROGRAMS

RED FUTURES
ORANGE FUTURES
THE TENNIS CAMP AT DRUMLINS

● RED FUTURES

AGES 5-8. MONDAY & WEDNESDAY'S 4-5PM
JULY 10 & 12, 17 & 19, 24 & 26,
JULY 31 & AUG. 2, AUG. 7 & 9

LEARN: Basic skills of Movement, Catching, Throwing & Ball Hitting

COST: \$30.00 per wk or \$25.00 per class

● ORANGE FUTURES

AGES 8-11. MON., WED., FRI., 2:00-4:00PM
SESSION 1: 7/10, 12, 14
SESSION 2: 7/17, 19, 21
SESSION 3: 7/24, 26, 28
SESSION 4: 7/31, 8/2, 4
SESSION 5: 8/7, 9, 11

LEARN: Stroke Technique, Score Keeping and Match Play Strategies.

COST: \$90.00 per wk or \$40.00 per class.

● THE TENNIS CAMP AT DRUMLINS

AGES 11 & UP WHO HAVE PARTICIPATED
IN THE 'CUSE ACADEMY, JTT SYRACUSE
LEAGUE OR GRAND PRIX PROGRAMS.

LEARN: Technical & Tactical Based Instruction & Games, Strategy & Match Play.

COST: pricing varies. Please see Registration form on drumlins.com

315.446.2323

JUNIOR POOL PROGRAMS

SWIM LESSONS
(4 SESSIONS)

● SWIM LESSONS

Session 1: June 12-23
Session 2: June 26 - July 7
Session 3: July 10 - July 21
Session 4: July 24 - Aug. 4

Session 1:
Level 2: 10:00-10:30AM (M-F)
Level 1: 10:30-11:00AM (M,W,F)

Sessions 2,3,4:
Level 4,5,6: 10:00-10:30AM (M-F)
Level 2,3,4: 10:30-11AM (M-F)
Level 2,3: 11:00-11:30AM (M-F)
Level 1: 11:30-12:00PM (M,W,F)

LEARN: Safety, Water Survival Skills & Stroke Development.

Swim Lesson Rates:

Non-Member/Group Lessons:
\$75 (Level 1) \$85 for (level 2)
and above for a 2 week session.

Private Lessons: (Members Only)
\$20 for a 30 minute session.

*Please sign-up for Swim Lessons
on or after 5/29/17 at the
Swim Club Office.

315.446.3183

*GOLF & TENNIS CLINIC REGISTRATION FORMS
CAN BE DOWNLOADED AT DRUMLINS.COM

drumlins.com

Escape to Drumlins!

Drumlins, Inc., 800 Nottingham Road, Syracuse, NY 13224 / 315.446.4555

Member Charge is back!

If interested, please sign-up in the
Drumlin's Management Office.

Thank you!



*Make a Splash this Summer...at Drumlins Swim
Club!*

Drumlins



